

# Clinical Guidelines for Application of GC Tooth Mousse and GC Tooth Mousse Plus

| INDICATION                                     | HOW OFTEN   | DURATION  | ADDITIONAL COMMENTS   |
|--|---|---|---|
| <b>GENERAL PREVENTION</b>                      | Once a day, after flossing and brushing in the evening                                      | Ongoing as part of a general prevention program                           | Regular use of GC Tooth Mousse (Plus) will help maintain a healthy oral environment   |
| <b>DRY MOUTH, XEROSTOMIA</b>                   | Minimum twice a day, additional as required based on measure of saliva quality and quantity | Continuous treatment while the level of protection from saliva is reduced | Saliva testing will help quantify the extent of risk. GC Dry Mouth Gel can help alleviate dry mouth symptoms and provide oral comfort               |
| <b>ACTIVE CARIES</b>                           | Twice a day, after flossing and brushing  | Until risk of future caries has been reduced                              | Assessment to determine the potential source(s) of risk should be undertaken and suggestions made on how the patient can reduce their caries risk   |
| <b>ORTHODONTIC TREATMENT</b>                   | Twice a day, after flossing and brushing  | During entire orthodontic process   | Complete treatment 12 weeks after the finish of orthodontic procedures or thereafter as required to reverse any white spot lesions                  |
| <b>WHITENING (prior to starting treatment)</b> | Twice a day, after flossing and brushing  | Start 1-2 weeks before whitening procedure                                | Pre-whitening applications of GC Tooth Mousse (Plus) will help reduce the degree of whitening sensitivity   |
| <b>WHITENING (during treatment)</b>            | Following removal of the whitening tray   | Finish 2 weeks after the final whitening application                      | The whitening tray can also be used to apply GC Tooth Mousse (Plus)   |
| <b>WHITE SPOT LESIONS</b>                      | Twice a day, after flossing and brushing  | 8-12 weeks and thereafter as required                                     | There are different types of white spots and pre-treatment of the white spot surface prior to application of GC Tooth Mousse (Plus) may be required |
| <b>SENSITIVE TEETH</b>                         | Twice a day during acute phase, followed by once a day application                          | 4-6 weeks or until resolved   | If sensitivity persists additional diagnostic testing could be required   |
| <b>DEVELOPMENTAL DEFECTS IN ENAMEL (MIH)</b>   | Minimum twice a day, after flossing and brushing, and as required for sensitivity           | Continuous treatment as required  | Depending on severity, additional protection can be achieved by sealing hypomineralised surfaces with a glass ionomer cement (eg Fuji VII)          |
| <b>TOOTH EROSION AND WEAR</b>                  | Minimum twice a day, before and after exposure to acid challenges                           | Until risk of acid exposure is reduced                                    | Identify source of acid and where possible reduce or encourage a reduction in exposure and increase saliva stimulation                              |
| <b>DURING AND AFTER PERIODONTAL CARE</b>       | Twice a day, after flossing and brushing  | During entire period of care and for 4 weeks after completion             | GC Tooth Mousse (Plus) contains RECALDENT™ (CPP-ACP) which acts as a calculus inhibitor   |